



## Get Out There!

### Map & Compass (half-day session)

Take advantage of this opportunity to never be "lost" again. You will learn how to navigate in the outdoors using basic equipment. Equipment is provided. This session involves some walking. Class size is limited.



## Cookin' with Coals

**Dutch Oven Cooking** (basic and advanced sessions) This is a hands-on opportunity to learn and refine this traditional way to cook in the outdoors. You will learn preparation and cooking using a variety of recipes that you can take home for your own use. The morning session is for beginners and the afternoon session is advanced. You may enroll in one session or both for an all-day experience. What you can create with a Dutch Oven will amaze you! Equipment is provided.



## Pack 'n Go!

### Llama Packing (half-day session)

Llamas have become a familiar pack animal in the back country. Learn about llamas and how to efficiently use them for carrying your equipment and supplies. Class size is limited.

## Information About Participation

### Registration

Registration is \$30 per person before July 1; after July 1, \$35 per person. Full payment is required with the registration form and registrants will be assigned classes in the order they are received.

### Make checks payable to Montana Fish, Wildlife, and Parks.

(Fee includes: instruction, equipment and materials (unless otherwise noted in course description), continental breakfast, light lunch, and late afternoon hors d'oeuvres. Some class sizes are limited.)

Prior to the event, you will be contacted by email and/or phone to confirm your event registration and to discuss your specific classes (what you may need to bring, what to expect, etc.)

### Come Prepared

Regardless of which classes you will be enjoying, bring sunscreen, bug spray, rain jacket and whatever else you may need for your comfort. Wear comfortable shoes.

### Lodging and Other Information

For area information, including lodging, restaurants, etc., visit the following websites:

Plains Chamber of Commerce at [plainsmtchamber.org](http://plainsmtchamber.org) or the Thompson Falls Chamber of Commerce at [thompsonfallschamber.com](http://thompsonfallschamber.com)

### Workshop Schedule:

7:30 - 8:15 AM	Check-in/B'fast
8:15 - 8:30 AM	Intro of Instructors
8:30 - 11:45 AM	Session 1
12:00 - 12:45 PM	Lunch
1:00 - 4:15 PM	Session 2
4:15 - 5:00 PM	Hors d'oeuvres

**Plus silent auction, door prizes, and sharing the day's experiences!**

## Participant Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**I attest that I am at least 18 years old.** I acknowledge that my participation in the Becoming an Outdoors-Woman Workshop sponsored by Montana Fish, Wildlife & Parks, involves some risk of personal injury. The risk of personal injury may come from poor weather, accidents, natural disasters or other hazards created by my own actions or the actions of others, over which the department has no control. By signing below, I accept responsibility for all personal injuries that may result from my participation, and I agree to hold the State of Montana, Montana Fish, Wildlife & Parks, and the workshop partners harmless from and against any claim. I understand that photos/videos may be taken for promotion of the program.

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Complete both sides of this form, cut along the dotted line, and mail with payment to:**

**Becoming an Outdoors-Woman  
P.O. Box 2043**

**Thompson Falls, Montana 59873**

**Make checks payable to Montana Fish, Wildlife, and Parks.**

## Course Selections

Classes will be assigned on a first-received basis.

Some class sizes are limited.

Please choose four courses, ranked by preference, 1 - 4. We will do everything possible to enroll you in your preferred classes.

Course	Preference
Dutch Oven Cooking	Select below
◆ Basic session	
◆ Advanced session	
Handgun Basics	
Llama Packing	
Map and Compass	
Montana Native Plants	
Roping	Select below
◆ Basic session	
◆ Horseback session	

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Payment must be received for  
registration to be confirmed.



## Growing Wild!

### Montana Native Plants (half-day session)

This course will familiarize you with native Montana plants in their natural environment. Learn what grows all around us! This session involves a moderate hike. Class size is limited.



## Gotcha!

**Roping** (basic and horseback sessions) The morning session, open to everyone, is about ropes, setting up a rope, positioning, and roping a stationary "steer." The afternoon session, for experienced riders who have taken the morning session, will be on horseback to try roping skills on a moving mechanical steer. Bring your own horse and a water bucket. During the morning, your horse must be trailer tied and able to stand calmly.



## Aim for Safety!

**Handgun Basics** (half-day session; \$5 ammunition fee) Learn basic firearm safety, the types of handguns, proper stance and grip when using a handgun. Then experience hands-on target shooting at the handgun range. Guns and safety equipment are provided or bring your own .22 handgun. Class size is limited.



## North West Montana Becoming an Outdoors-Woman Workshop

**Saturday  
July 13, 2013  
7:30 AM - 5:00 PM  
SANDERS COUNTY  
FAIRGROUNDS  
PLAINS, MONTANA**

## Door Prizes and Silent Auction!

Open to women ages 18 and above.

Join us for a fun-filled, hands-on  
outdoor experience!

For additional information contact:

Nancy Fields.....827-8561  
Jolene Dryden.....826-2606